

# HOW TO FIGHT THE ENEMY

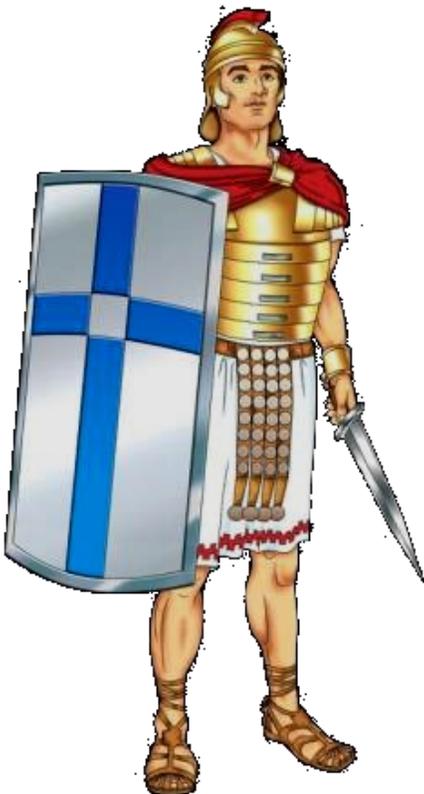


Have you ever seen paragliders flying in the air? It's amazing how they do this, as they make use of air currents a bit like a bird does.

But you can't just jump in the air and expect to fly! What kind of special equipment or clothing would you need to have? Look at the photo and write down three or four things you think are important for a paraglider to have.

In the Bible we are told that we are fighting against an unseen enemy called the Devil. He's a powerful being who tries to deceive people and lead them into bad choices and wrong behaviour. The Bible uses the picture of a Roman soldier to describe the sort of equipment we need in order to fight off the attacks of the Devil.

## The armour of God



A Roman soldier

Finally, build up your strength in union with the Lord and by means of his mighty power. Put on all the armour that God gives you, so that you will be able to stand up against the Devil's evil tricks. For we are not fighting against human beings but against the wicked spiritual forces in the heavenly world, the rulers, authorities, and cosmic powers of this dark age. So put on God's armour now! Then when the evil day comes, you will be able to resist the enemy's attacks; and after fighting to the end, you will still hold your ground.

So stand ready, with truth as a belt tight around your waist, with righteousness as your breastplate, and as your shoes the readiness to announce the Good News of peace. At all times carry faith as a shield; for with it you will be able to put out all the burning arrows shot by the Evil One. And accept salvation as a helmet, and the word of God as the sword which the Spirit gives you. Do all this in prayer, asking for God's help. Pray on every occasion, as the Spirit leads. For this reason keep alert and never give up; pray always for all God's people.

*(Ephesians 6:10-18)*



Pray on every occasion

