

Good morning Ampt kids, we hope and pray you have had a good week and are enjoying the new norm now that most of you have started onsite school. It must have been exciting catching up with friends and teachers. For those who are starting tomorrow (Monday), I am sure you can't wait! One more sleep to go...almost like waiting for Christmas Day. We will start with a word of prayer.

OPENING PRAYER

Dear Heavenly Father,

We are grateful and thankful to you for all you provide for us, for our families and our communities. You are an all loving, merciful and powerful God. Thank you for your protection and strength during this time. As we come together and learn more about you today, help us understand your

Word and have listening ears to hear your message. We pray that we can always have hearts to worship you. We love you. In Jesus' name , Amen.

VIDEO ((LEGO ANIMATION OF PSALM23))



https://www.youtube.com/watch?v=IIFrBErIF0U



Anyone know what is a Psalm?

A Psalm is like a song or a poem and it is written with the purpose of worshipping God. Most of the Psalms we have in our Bible were written by David (King David, same David who took down Goliath with a slingshot and some smooth stones.)

David would write different Psalms for different occasions. Sometimes David's Psalms would be full of grief and sadness as he cried out to God for help or justice. Sometimes David's Psalms would be full of joy and gladness as he acknowledged God's goodness and faithfulness. Today we are looking at a very famous and well loved Psalm for its calming and healing wisdom.

Diving deep into each line of this Scripture, we see a picture of a loving father who cares for His children in precious ways. It is like the Shepherd watching and caring for his flocks of sheep. If you're wondering what is Psalm 23 all about, well wonder no more!

Today's lesson is going to be slightly different from our usual format. There are no questions to answer instead we are going to take a close look at this amazing part of God's word by breaking it down, verse by verse and then **your challenge** is to put a **personal spin** on this passage. I would like you to read this, identify with it, be encouraged and add your personal thoughts/ reflections/ responses to God and about God. At the end of this exercise the title of your project will be :- My (or "your name ") Personal Narrative of Psalm 23

I have included images (see below) you can cut and paste to illustrate the Psalm or draw your own images. Please email me your personalised Psalm 23 on completion or ask mum/dad take a photo and send it to mobile :- 0410 488 778 or bboop3g@gmail.com. I would love to see your responses. It will be kept confidential.

Please feel free to put it in NBBC Ampt kids WhatsApp if you would like to share with your friends.

if your parents have a laminator, please ask them if they could laminate your special Psalm 23 and blu-tack it onto your bedroom wall or door. You can read it every morning before you get up or night time before you head to bed.

When you finish this personal reflection could you please consider writing to another Missionary family whom our church supports, the Barnes Family. Receiving your letters will give them encouragement and hope.

There are two more activities at the end of the lesson one is a word puzzle and the other is for those who like baking /eating . Take a peek, you will not be disappointed!



My Personal Narrative of Psalm 23

"The Lord is my shepherd, I lack nothing."

My words: God is taking care of me. I have everything I need now, everything in the future I will be provided for. (*list the things you have been blessed with food, water, love, friends , family etc*)

"He makes me lie down in green pastures, he leads me beside quiet waters." My words: God gives me abundant blessings. Not only does He give me what I need, He gives me even more. Green pastures, still waters ..best of the best! He provides nourishment for my body, mind and soul. (what do you think the best of the best you have been blessed with ?)

He refreshes my soul. He guides me along the right paths for his name's sake.



My words: He heals me, forgives and lifts my spirits when I am down, feeling alone or miserable. In times of troubles, through prayers I know the Lord our God will lead me in the direction of righteousness (paths that are wholesome and lead to goodness).

(Sometimes we stray from God too. We find ourselves in need of God's forgiveness which he offers freely to those who repent and return to him. Can you recall the times that you have been down or done something wrong and you prayed to God for help/ forgiveness and felt better after, things seem to look brighter or you found a solution to your problem?)

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

My words: Even though I am faced with difficulties and storms of uncertainties (we are at present facing the Covid-19 and the fall out with social distancing, financial issues and restrictions), I know you are there with me holding my hand, protecting, guiding and helping me through my struggles. Your presence comforts me and gives me peace.

You prepare a table before me in the presence of my enemies.

My words: You are using these struggles and challenges to prepare me for something great. You will take care of me and give me hope in troubled times.



You anoint my head with oil; my cup overflows.

My words:- You give me nourishment for growth in my life's calling (purpose). You equip me and sustain me for your purpose in my life. You provide for me more generously than my heart can desire.

Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

My words:- God's goodness and mercy (love) are never-ending . I can count on His unfailing love every day for as long as I live.

The Lord's covenant with us will last for all eternity. His gift to us is eternal life and we will be with him forever.

Amen.

Now is your turn to personalise Psalm 23, please have a go and if you get stuck you can ask for help (from your parents or ring me /email me). I have included a copy of the Psalm below for you to record your thoughts , responses / reflections.

My Perional Narrative of Pialm 23

"The Lord is my shepherd, I lack nothing." My words:

"He makes me lie down in green pastures, he leads me beside quiet waters." My words:

He refreshes my soul. He guides me along the right paths for his name's sake. My words:

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. My words:

You prepare a table before me in the presence of my enemies. My words:

You anoint my head with oil; my cup overflows. My words

Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever. My words:-

Amen.

Images for you to illustrate the psalm .





























